

Anatomy of an Orienteer

Newstrack is the magazine of Derwent Valley Orienteers

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Derwent Valley Orienteers
Event pages and club news,
open to non-members

DVO Group
Chat among club members

Matlock Orienteering Club
Active again soon!



New Members

A warm welcome to our winter joiners Lisa Cooke, George Jennings, Rowan and Katherine Brook, Omar Sattaur, Andrew Stuart, Jenn Gaskell, Christine Ongoma and Dave Duffy. See you at an event soon!

Editorial

Happy 2018 to all readers. In this issue, Dave Nevell's countdown of our 100 most popular areas makes interesting reading, and draws attention to history we are often unaware of when we're busy finding our flags.

Please take the cover cartoon with a pinch of salt – it was in composed in the pub at last year's Dales Weekend!

The next Newstrack will be available at our **Hardwick Park event on April 15th**, which means a copy date of April 8th – timed perfectly for items about JK2018 in the West Midlands.

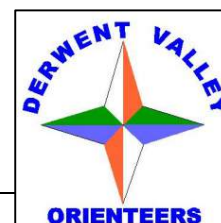
sal.chaffey@gmail.com Thanks in advance!

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Committee and Open meeting dates

Traditionally club **Committee** meets on the second Tuesday of March, June, September and December – so next date is **13th March 2018**.

DVO **Open Meetings** take place quarterly(ish) on the second Wednesday of each month at the **Family Tree in Whatstandwell**. All are welcome and there is a run beforehand, at 7pm, with the Meeting starting at 8pm. Bar available and free tea and coffee. The next one is **11th April**, at which Val will be delivering the **'Car to Start' workshop**, for all those interested in helping beginners get used to the way our events work. **All welcome!**

DVO Goes to Derby Velodrome!

When? Saturday 17th February 2018

Time? 11.00am to 6.00pm (approx)

What? **The National Omnium Championships.** Eight races in all
4 events each for men and women.

How much? £10/£6 (over 60s/under 16s)

Tickets can be booked online through Derby Live
www.derbylive.co.uk (apparently it's cheaper than booking in person or by telephone).

We will make further plans for the day when we know who is going.

Val Johnson



Orienteering Skills Coaching

At the January Open Meeting, following a request by club members, we raised the issue of O skills coaching. We agreed that we should get away from every single O event being a race.

For instance, the Level D events can provide an opportunity for more experienced orienteers to practise a particular technique as guided by one of our Coaches. A beginner attending a Level D might practise some basic skills perhaps starting with Legend, Folding and Thumbing and progressing thereafter. The more experienced might practise, for example, relocation, or aiming off, or contour analysis.

The content for the beginners can be determined without worrying unduly about the terrain or the quality of the map. However, for the more experienced orienteers the technique to be tackled will depend on the terrain and the quality of the map.

A coaching session for beginners and more experienced orienteers will be offered 30 minutes before Registration at all our Level D events starting at Oker, 10th March. Details will appear on the event information on the DVO website.

At Lea Green recently, Val did a session on folding and thumbing of the map; this basic but important technique keeps you oriented and makes for finer map contact. Andy Hawkins' article on page 7 outlines these skills, and a few others. More are promised in April Newstrack, but why not put them into practice at a Level D? Or come along to Matlock Club Night, on Wednesday evenings starting after Easter.

DVO Social Events

In November 2017 at the Club Champs I undertook a survey to gauge the club members' thoughts regarding social events. The first question addressed the frequency of social events. The majority were in favour of quarterly events. Other clubs arrange a social meet after their local events at a handy pub, so this could also be trialled.

I offered several suggestions to start the ball rolling. A quiz night was a popular choice; maybe we could have a couple of these a year. Another suggestion was to have a "posh" club dinner and the ideal opportunity for this may be the club's 50th anniversary in 2019.

Bowling got the thumbs up and canoeing, rafting, cycling, archery, mountain biking and visits to JCB/Toyota, climbing and a curry night. The unicycle gang said that they would be happy and probably amused (although they didn't say that!) to organise a unicycle taster session.

Val suggested a visit to the Derby Velodrome. There is an omnium in February which may be a good starting point and this was advertised by Val in the last Newstrack. The Omnium is on the 17th of February, standard tickets are £10 each, over 60's and under 16s £6.00, which might apply to a couple of people.

If we are to consider going to the pub after a DVO event, the event organiser/planner could potentially identify a venue and add this to their final details – just because they don't have enough to do!

As bowling got such a great response I could aim to organise this for April/May.

I feel that the frequency may be determined by the type and expense involved in a particular event. I realised that not everyone is on social media but it may be one avenue to air your thoughts regarding events or other activity ideas. Otherwise please feel free to email me, annecunningham15@googlemail.com or by phone 07442 824658.

If you have other ideas and especially if you are willing to arrange an event, I would love to hear from you!

Anne Cunningham

Compass Sport Cup – Sunday, 11th March 2018

The CompassSport Cup co-ordinator has confirmed that our designated heat for the first (and only) qualifying round will be the one that I requested at **Canklow**, just south of Rotherham, on Sunday, 11th March 2018.

I will shortly be sending an email to everyone in the club, asking them to indicate whether they can take part in this year's competition, so, if you can attend on 12th March, please don't hesitate to respond (serendipadeedoodah@gmail.com) or speak to me at the Eyam event. Canklow is only 43 miles and 48 minutes from Derby, so it ain't that much of an effort.

Although, when sending in the entry, I indicated DVO's choice of venue as, first, Canklow and, second, Nesscliffe (78 miles from Derby), it was only as I was about to send the entry in that I noticed that DVO, as an EMOA club, had been lumped in with E(ast) A(nglia) OA and allocated a default 'East Midlands' event at Shouldham Warren, which for the geographically challenged (inc. me who had to look it up) is 103 miles away, to the south of Kings Lynn.

As expected, NOC and LEI have both gone with this choice so DVO will not be able to claim bragging rights as top East Midlands club for 2018. I did point out to the organiser that, last year, we'd been sent 85 miles to the south of Louth, not to mention 250 miles to the Final in Devon. I'm hoping that next year, our East Mids option will be a bit closer.

I was pleasantly surprised to find that our only opposition at Canklow will be SYO and CLOK. I thought we might be up against Airienteers, but they have opted for the SELOC event. I'd like to think they wanted to avoid DVO but I'd probably be delusional. Since SYO were in the top three at the Final, and we are unlikely to beat them especially on home ground, this means that, according to the rules, we 'only' have to beat CLOK to make the Final. CLOK made last year's Final as well where they finished 9th, and they have a lot further to go than we do. There shouldn't be any excuse, but we shouldn't get complacent either. Maximum effort and attendance still required!

The geographical distribution of clubs nationwide has produced some strange quirks. Be grateful we aren't in the south-east or south – seven clubs including Happy Herts, Southern Navs and Southdowns all have to contest the one event at Balcombe. By contrast, in the south-west, two clubs qualify for the Final if the current cup-holders, Bristol, win – and there are only two clubs, BOK and DEVON taking part. They might as well not bother.

When submitting the DVO entry, I also had a bit of a moan to the co-ordinator about the Short Green Vets class, and in particular, the plight of the W70s – see last Newstrack if you can be bothered – who are expected to compete against M70s in the same bloated class. I have been assured that this issue is to be looked at by the CSC Co-ordinating Group after the qualifying round, so W70s may find themselves in a different and hopefully fairer class in future.

Although Canklow is not that far away, the subject of car-sharing has been raised with me and I think that it's an excellent idea so if anyone is able to offer a lift or wants one, please let me know too.

JK Relays – Monday, 2nd April 2018

As mentioned last time, this is on Beaudesert, Cannock and the closing date is 4th March. JK relay teams are generally organised on a total age basis (e.g. 120+) which is better for team captains as this formula allows for more flexibility. I will be emailing anyone who has entered as at 28th January (when the middle of the three escalating entry fees expires) to see if they want to be included in a Relay team but if you do (or have entered the individual but don't) and you see me, let me know. You never know, I might remember.

Next time, I'll report on the CSC tie and start banging on about British Relays.

Graham Johnson, Club Captain

Calling all Juniors! Run for DVO in the Yvette Baker Trophy

Hi, it's Sarah Duckworth, I'm DVO's junior representative. The junior-only event the Yvette Baker Trophy heat this year is at Cademan and Thringstone Woods, **Sunday 25th February**: <http://www.leioc.org.uk/event-details/?item=%201910>

The competition is open to all juniors running the colour course (excluding White) that suits their ability, they must be able to run Yellow or above, see the link below for some age limitations: <https://www.britishorienteering.org.uk/page/rules> Section 2.2 of report L (Yvette Baker trophy). Entry is on the day.

We would encourage all DVO Juniors to compete as it's a good way to meet other juniors & good fun. Last year we managed to reach the Final down in the south-east! The final this year is much closer in the West Midlands.

If there are any questions just email me: jasrduckworth@btinternet.com and if you can confirm you're going by email it would be good so that we can manage the team and tell the organiser of the event expected numbers from DVO.



Thanks, Sarah

1. **Study the map.** Note particularly the **scale**, usually 1:10,000 but you will find others, and **contour interval**, almost always 5m. Are there any unusual features on the key? You will sometimes get a chance to look at the map before you start, but if you don't it is worth spending a minute on this.

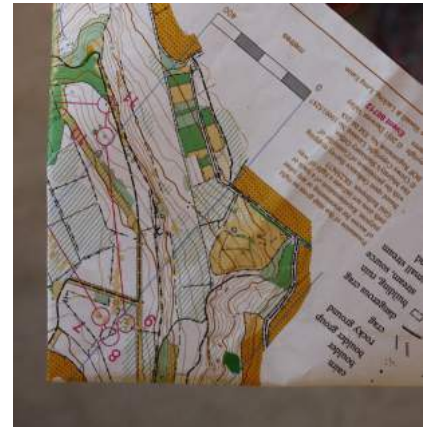
2. **Folding the map.** Once you have absorbed the map-data above, fold the map so that your current leg is visible plus a bit on either side of the red line. Refold as needed for each leg.

Note that text is now 'wrong way up'.

You will now see the advisability of carrying the loose (paper) control description sheet in some kind of holder. If you don't, you will be constantly unfolding and refolding the map to see the control descriptions printed there.

3. **Orientating the map.** You need to hold the map in front of you, so that what appears on the left of the 'red line' on the map will be to your left, and so on. A compass is a great help to orientate the map. You will need to re-orientate the map for each leg, and sometimes during a leg. (Think of a typical roughly circular course.)

Fig 1 shows the Lindop map folded for legs 9–10 and 10–11.



How to orientate map, with standard compass: Hold the compass on the map, and turn the map around until the north lines ("eastings") are parallel to the

magnetic needle, *and* the red end of needle points to the north.

*With a **thumb compass** orientating the map is much easier and quicker, and your technique will also include thumbing the map (see Fig 2).*



Fig 2 Using thumb compass, Stage 1. Lay the side of the base-plate along the route, in the right direction that you want to go (i.e. here, 1 to 2) Twist the dial until the red lines at the base are parallel with the grid lines on the map.

Stage 2 (yellow arrow). Keeping map and compass clamped together, turn the whole 'unit', and yourself, until the needle is parallel to the grid lines on the O-map, and the red end points to the north of the map.

4. **Plan your route.** Before you start running, decide the *best* way of getting to the control. It will be a combination of 'fastest' and 'safest' (= easiest navigation). It will only rarely be along the red line itself. Try to avoid (darker) green areas. Maybe use a path or track that is parallel to the red line, where you can run fast, and minimise the chance of getting lost (but beware *over-running* when going flat-out!).

5. **'Thumbing' the map.** Put your thumb as near as possible to your current position, and keep updating it. This is to avoid you having a quick look and seeing instead another similar feature, another north-south path for example. But be aware that your thumb may hide a detail that could be important, so look under the thumb from time to time (spot the difference in Fig 3).

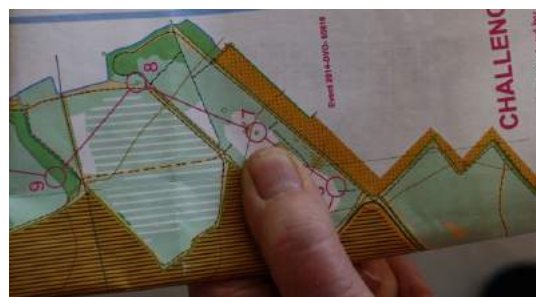


Fig 3a (left), and b (right). Note how you move your thumb along the map, from no. 6 to no. 7, as you progress on the ground.

6. Ticking-off/anticipating features. As you travel along your planned route, tick off in your head the features on the map as you meet them – path junctions, a ruin on the left, a hill on the right, etc. This will turn into you anticipating them – “next, in about 200m, I’m expecting a small pond on the left”. If the feature doesn’t appear, either the map is wrong, or you are. 99% of the time, I’m afraid, it will be you!

7. Hand-rails. A hand-rail is a linear feature that goes to your control (or close to it), or is roughly parallel to the red line. Linear features could be paths, hedges, ditches, fences, streams or vegetation boundaries. Either follow the hand-rail, or keep it in sight.

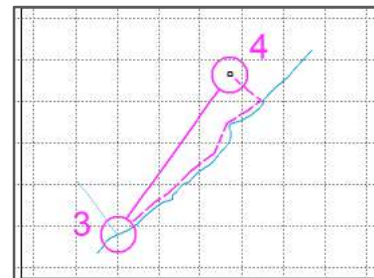
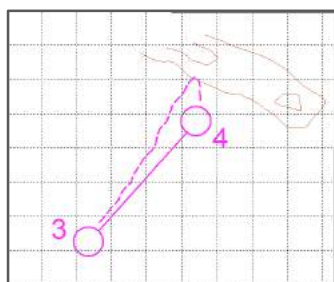


Fig 4 Using a stream as a handrail between 3 and 4. Note you should have a mapped feature to tell you where to leave the hand-rail (the stream in this case) or you will have to pace-count (see below).



8. Catching features. Usually linear features, as above, but which are beyond the control, so stopping you from going much too far (although in the correct direction). Catching features could also be contour features, such as a valley or a hill. If you have a choice of routes to a control, **it may be sometimes advisable** to choose the direction of approach that has the catching feature.

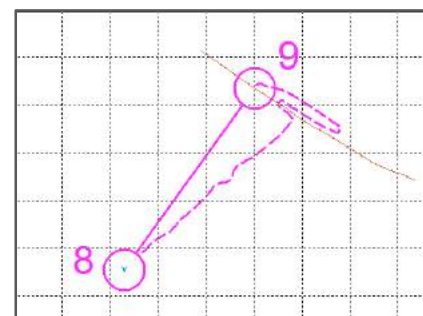
Fig 5 Catching feature beyond No. 4. As you get more skilled with pace-counting and distance estimation (see below), you will need catching features less.

9. Traffic lighting. This refers to your speed & needs to be reduced in complex terrain or near the control. Divide the leg into a **green** section, where you go as fast as possible, and where you can’t go wrong (famous last words!), such as a forest track, an **amber** section where you go slower, needing more careful navigation, and a **red** section, where you perhaps even walk, approaching the circle.

10. Compass bearing. Occasionally you have no other choice but to follow a compass bearing and pace-count. This is reasonably accurate across open country where you can aim for a distant hill, say, or a pylon. Through woodland it is trickier. Here, following a bearing is inaccurate over any distance, and especially across a slope, so try instead to use a bearing to an intermediate feature, and then again. But prepare in your mind to have left the bearing by a surprising amount. For example, a 5° error over 400m means you would be 35m away from the control. In woodland, this would mean you wouldn’t see the flag.

Using a thumb compass means you are always following a compass bearing.

11. Aiming-off. If you are running on a compass-bearing towards a control on a linear feature roughly at 90° to your angle of approach, it is always a good idea to deliberately aim to one side (at least 30m to the side). This way, when you hit the line feature, you already know which way to turn along it, and you should be able to maintain speed until you see the control. Without this technique, you arrive at the linear feature and don’t know which way to turn! You try left for 15m, then turn back and try the opposite direction for 30m, if you still haven’t found it, you go back to the original direction, but go a bit further... You can waste a lot of time this way. I know, I have!



Many orienteers will browse old maps and/or Routegadget by way of preparation for an important event. This is a really good way to improve performance, (a) by looking at the nature of the terrain, and (b) by comparing other peoples' routes. For Urban events, combine this with Google StreetView and you can begin to decipher how the mapper has depicted layers such as tunnels, bridges and rooftops. *This is geeking, not cheating!*

Rock-climber, lecturer and commentator on outdoor education Pete Livesey (1943–98) said that orienteering is all about expediency. The definition of this – “being convenient and practical, despite possibly being improper or immoral” – should be tempered with the statement “as long as it’s allowed in the Rules”. Basically, in O the fastest wins; there are no marks for style!

Dave drew my attention to another nuance of expediency – that it’s fine to change your mind mid-leg if it gets you there quicker. But note that this applies more to longer legs in terrain O, than to Urban and Sprint, in which the difference between two route choices is often only seconds, so, once committed, just leg it – don’t dither!

A more proactive use of Routegadget is to add your route after each event and to see where you lost or gained time. A few readers may have received a GPS watch in their stocking this year, so here’s a quick guide to uploading!



The Chaffey map archive

How to add your route to Routegadget

- Follow the link from the Results page, or go direct to Routegadget and select the club,* and then the event.
- Click on the Draw tab and select your Name and Course from the pull-downs.

*DVO and NOC don’t have a link from the Routegadget Home page. This is so we can keep the files under our own control. For DVO (if not launching from the Results page), launch from the Routegadget button on the right-hand column of the DVO Home page; for NOC, search Routegadget 2 NOC.

To upload your route from a GPS watch

1. Assuming you have a Garmin (most popular brand), on GarminConnect, click on the cog icon (top right), and select **Export to GPX**. The file then appears in your Downloads folder.
2. In Routegadget, click **Choose file**, and select from your Downloads folder. Your trace should appear on the map; if not quite perfect, click **Autofit**, which stretches the trace so it gets all the controls. Now click **Save GPS route**.
3. Sometimes you have to make manual adjustments. Look carefully at the instructions for red and green ‘handles’ on the bottom left. It’s quite easy to manipulate your trace, but remember you must have the **Move map and track together** box unchecked.
4. When you have finished, click the **Save GPS route** button.

To enter your route manually

1. Select the **Draw** tab, then select your course and name from the drop-downs.
2. If you want the map to align with a virtual ‘direction of travel’ (akin to orienting the map in a race), click **Align map to next control**.
3. Add your route by clicking short sections from the Start triangle to the first control. Note that once you have ‘arrived’ at a control, the subsequent control appears **red**. This helps you to check your trace has visited them all. If you miss one, you can use the **Undo** button on the left.
4. When you have finished, click the **Save** button (upper left, next to **Undo**).

It’s great to leave feedback for Planners and Controllers in the **Type your comment** box. It *will* be looked at. More often, competitors just like to unburden themselves of their stupidity – making Routegadget an orienteers’ agony-aunt! Planners and anyone interested can access these comments by pressing the [?] button, top right.

Fun things to do once you have added your route

From the **Courses** tab, you can see who on your course has entered routes, and where they went.

From the **Results** tab, you can now do all sorts of fun things. For instance, you can select 2 or more competitors to race round together. At LEI's Burbage Common event in January, Mike Godfree was 17 secs ahead of me on the Blue course. When you tick the box in the ► column for each of us, a control box appears in the bottom right and when you press **Play** you can watch us race round! It's a great way of identifying where you lost time, for example I was a bit cautious about the fence when exiting No 6 and backtracked needlessly. It was clearly a crossable fence with single tags.

There are lots of other features that are worth studying ... why not have a look at the map and routes for our CompassSport Cup Heat at Canklow (SYO)?

Routegadget – so much more than a collection of old maps!



Letter to the Editor



Dear Newstrack Editor,

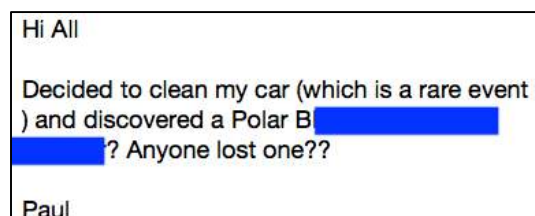
We were shocked to read the claim in your December 2017 edition on the part of your correspondent, Ms Chiswell, that Macedonia's 'only real international acclaim' is 'its long running dispute with Greece about its name!' This does great disservice to the wonders of this often-overlooked jewel of a nation where ancient history sits beside gorgeous countryside, pulsating cities and unique cuisine for the perfect holiday destination. Here are eight little-known facts to excite your interest:

1. Macedonia has more mountain peaks (34) than any other country in the world, each at least 2,000 metres above sea-level, Mount Golem Karb being the highest at 2,753 metres;
2. Mother Theresa was born in the capital Skopje (although it is often claimed she was Albanian, she was only ethnically so);
3. Macedonia was the only country to receive its independence from Yugoslavia without a drop of blood being spilt;
4. The Cyrillic alphabet was devised and developed in the ninth century by St Cyril (hence the name!) and St Methodius, both from the region now occupied by Macedonia;
5. The Millennium Cross which stands 66 metres high on the Vodno mountain overlooking Skopje is the biggest in the world;
6. Alexander the Great, who conquered one of the largest empires in the ancient world by the age of thirty, started out as the King of Macedonia;
7. The citizens of Macedonia were the first in the world to have access to wireless broadband;
8. Vrelo is the world's deepest underwater cave, having a depth of 77 metres.

I hope that your readers will appreciate that there really is so much more to Macedonia than a petty dispute with Greece over our name! We look forward to welcoming many more of your readers in the future.

Yours in breathless expectation,

The Macedonian Tourist Board



This email made the Editor chuckle when it appeared truncated at the B on her phone. The missing letters are, in fact, 'lueetooth heart monitor', not 'ear'!

Sports Personality of the Month ... at Buxton 1/1/18

Derek Gale for programming the boxes labelled 128 and 129 as the opposite. It was unfortunate that both controls featured on all 5 of the adult courses at different points so most people downloading were shown as taking controls out of order as there wasn't time between downloads to amend the courses in the computer.



Dave Clough for failing to clear so that his 36 control dibber still had his winning Ilam race in its memory and after 5 controls stopped recording. So shown on results as Missing 9,12-13,15,20,22,25,27.

The Johnsons, who entered Courses 2 and 3. In the Start pen, one of them realised *she* had the wrong map (sealed for the Mass Start), but swapping was achieved just seconds before the blast of the air horn!

... at Strawberry Hill & Ransom Wood 7/1/18

It's a close thing Annie or Sarah?

Annie was running at Strawberry Hill on her first Green course. She has just started running TD5.

She made a perfectly understandable parallel error looking for no 8. The path shapes were the same, and both areas even had a lake/marsh in the same place, depressions and impenetrable green.

She searched thoroughly for no 8 for some time before she bumped into Sarah Parkin. 'It's just round the corner' said Sarah helpfully.

The only problem was that Sarah assumed Annie was looking for no 9, which she was in the right area for, and which Annie went off dutifully to find.

Lesson: if someone tells you where a control is, ask which one they are telling you about. Does that sound ungrateful?



2017 EM Urban League Winners

Here are some of the class winners at the presentation before the Buxton race, with their chocolate O shoes!

DVO winners were Jake, Rachel, Sal, Francesco, Liz and Doug, who has won Male UltraVet every year since the league began in 2012!

Also in the photo: Amanda Roberts and Tanya Taylor (both of LOG)

East Midlands League 2017: DVO Placings

A lot of DVO members took part in the League, some perhaps unknowingly, as entry is by default! A maximum of eight races count, but for an optimum score they need to be on the same colour-coded course. The runners who scored on more than one course appear in **bold**, but for any more in-depth analysis, see emoa.org.uk/league

White	George Powell	4th	Connie Brocklehurst	2nd
Yellow	Leo Crown	4th	Alexa Lindsay	3rd
Orange	Brian Ward	1st	Alice Crane	3rd
	Ben Mackervoy	2		
	Leo Crown	3		
Light Green	Jake O'Donnell	1st	Anne Cunningham	1st
	Ben O'Donnell	3	Nicola O'Donnell	4
	Pete Nash	4		
	Joseph Turner	5		
	Steve Hand	6		
	Rob Tucker	7		
	Jake Bayley	8		



Short Green	John Cooke	10th
	Tony Berwick	11
	Roger Keeling	14
	David Parkin	18
	Chris O'Donnell	20
	Malcolm Spencer	22

Helen Finlayson	1st
Pauline Ward	2
Jen Gale	3
Donna Hawkins	4
Sarah Parkin	5
Christine Middleton	7
Anne Cunningham	8
Ann-Marie Duckworth	16
Hebe Parr	18
Sue Allard	24

Green	Andy Hawkins	2nd
	Rex Bleakman	5
	Dave Skidmore	8
	Jake O'Donnell	9
	Chris O'Donnell	12
	Ranald Macdonald	14
	Andis Ozols	16
	Andrew Middleton	20
	Derek Gale	23
	Richard Naish	24
	Sam Davis	27
	Ben O'Donnell	29
	Stuart Wicks	30
	Doug Dickinson	32
	James Bedwell	33
	Tony Stirland	36
	Paul Goodhead	48
	David Turner	49

Jane Burgess	2nd
Ruth Ellis	3
Rachel Davis	6
Kim Buxton	8
Margaret Keeling	9
Liz Godfree	11
Rachel Duckworth	16
Claire Selby	15
Grace Pennell	16
Sue Russell	18
Caroline Howells	20
Kathryn Griffiths	21
Amanda Price	25
Fiona Sellar	27
Sue Allard	29
Hebe Parr	33

Blue	Derek Gale	4th
	David Vincent	8
	Murray White	8
	Dai Bedwell	12
	Mike Gardner	13
	Russel Buxton	14
	John Hurley	18
	Mike Godfree	20
	Andy Sykes	22
	John Hopper	23
	Michael Lindsay	33
	Graham Johnson	34
	Tom Hartland	35
	Andy Parry	37
	Dave Chaffey	38
	Paul Armstrong	40
	Richard Naish	42
	Paul Goodhead	43
	Jon Cundill	44
	Francesco Lari	49
	Andrew Middleton	50
	Nick Holland	51

Sal Chaffey	2nd
Elizabeth Bedwell	8
Sarah Duckworth	11
Sally Calland	12



Some of the DVO 'Top 3s' in the League, presentation at LEI's Burbage Common event 14/1/18

Brown	Richard Parkin	1st
	Robert Smith	5
	David Bennett	11
	David Pettit	12
	David Newton	16
	Ben Crane	17
	Andis Ozols	18
	Andrew Powell	19
	Joe Uprichard	23
	Paul Addison	26

Helen Chiswell	2nd
Sally Calland	3
Richard Needham	29
Alan Le Moigne	31
Paul Young	33

WSC

When Sunday Comes

(Except when it's Saturday or
Wednesday)

RDO – Real Derbyshire Orienteers. Fanzine No 25
We've not mentioned pies or tortoises for a while. Tortoise pie.

One in three orienteers lie about their age class

It's an actual fact (page 4)

We asked three orienteers their age and one of them lied (Page 7)

We know this because their nose got longer and their pants ignited (92-96)

The scientific process in action - supplement

You've all gone soft

What's the matter with you lot? Can't take a bit of bad weather? WSC's view is that the Old Derwentians' cancellation of the December event at Eyam Moor is just another sign of how soft and precious the club has become. For goodness sake, what's problem with the odd snowdrift or two? Back in the day Real Orienteers wouldn't think twice about embarking on an overnight trek to get to the event, fording swollen rivers, dodging tsunamis, counting the kids every hour or two. Character building! When conditions got really bad we sometimes had to set off direct to the following weekend's event from the one we had just finished. Sure, one or two fell by the wayside but who are we to tamper with natural selection? Man up!

Advertising feature

THE ORIENTEERING CHANNEL Great Features Coming in 2018

February – Exclusive live coverage of the resurveying of Cromford Rocks. Lidar, tick. Triangulation, tick. Men with beards, tick!

April – One Man and his Gripple. The World Grippling Championships live from Stony Middleton. Expert commentary by Bob McNut. Guest summariser, Mrs McNut. Parental advisory.

May – Blue Planet, Blue Planet 2, now see Green Planet! A six part series looking at impenetrable vegetation from around the world. See part 1 (brambles) and you will be hooked (see what we did there?)

July – New! Live “beach” surveying from Uppsala, Sweden. Think euphemism, think volleyball, (*think we better stop there- Ed*)

The Orienteer – How It works (continued....)



Orienteering is suitable for people of all ages, abilities, class and ethnic backgrounds.

Male, female, from age 8 to 80, there is something for everybody.

Here are the men at the Big Orienteering Organisation who are responsible for running this uniquely diverse sport.

Attention! Fresh blood required

Please send as much as you can in a suitable container. (*Er no, that's not what I meant – Ed*).

From the casebook of reporter extraordinaire Miles Piles, WSC is proud to present

The Mystery of Cromford Rocks – Part Five

The story so far: To be frank, if you haven't been concentrating don't expect any of this to make any sense. Same applies if you have been concentrating. Let's just say that Miles Piles is on the trail of evil chutney magnate Sir Branston Smalls who is suspected to be behind not only the surprise election of Gripple Monthly editor Bob McNut to the post of BOO chairman but also appears to be in league with Kevin the three-toed Hungarian boll weevil who is thought to be behind an outbreak of Larch Lurch at Cromford Rocks. The action resumes in the CLOT HQ canteen...

As I entered the canteen under cover at the back of Smalls' entourage, Kevin was making a right fuss. It quickly appeared that he was accusing the catering staff of trying to poison him with dodgy Magnus Magnusson elk balls. Smalls ignored him and I held back, aware that since the elk ball issue was of my own making, I didn't want to be held accountable in some way. "Right then weevil" boomed Smalls, "Is the plan in place? Do we have reinforcements lined up?" Kevin stopped his diatribe and looked pained. "Professor Laszlo actually" he stammered (this was his preferred moniker despite coming from Tranmere and having no obvious academic record). "Labcoat, whatever" blustered Smalls. "Just get to the point, insect. Are we in a position to activate phase B of operation Cromford Rocks? I've not festered two years in a Derbyshire jail putting this scheme together to have it scuppered by incompetent buffoonery!" He had gone quite red and his hairpiece was at an alarming angle. "This is about revenge! No one gets one over on Smalls and lives to tell the tale," he snarled angrily. One of the group shifted uneasily and I noticed that it was the puppet BOO Chairman, McNut. "No-one mentioned anything about murdering anybody" he ventured nervously and immediately wished he hadn't. Smalls turned the trumpet up to 11. "Shut up you idiot!" he roared. "I can build my chutney plants wherever I want. I could build one in your back garden if I chose. I don't choose because your back garden is the size of a pea and a dump. But I do choose to build my next plant on Cromford Rocks because the local orientation, er, orienteering club blocked me from using Carsington Pastures and so I, Sir Branston Hilary Smalls, choose to make them pay by going to the heart of their very best area. And you BOO" (looking at McNut) "and you CLOT" (looking at several others in the group) "are going to support my application to build that chutney plant. And just to show you what will happen to lots of your other prime forests if you get awkward, my friend here" (looking at Kevin), "and his friends are going to give a little demonstration of what happens to forests when someone gets in the way of Sir Branston Hilary Smalls!" It was all very impressive apart from his middle name which caused a few stifled giggles.

Wow, so that laid it all bare. The key word in all that lot was "friends". It was quite clear that it wasn't just Kevin that was presenting the pest threat. My suspicions were soon confirmed. Kevin was speaking. "I've got a group of twenty relatives who have disembarked at Felixstow this evening and are making their way across to Cromford Rocks as we speak. Within 48 hours we estimate we will have infected over 75% of the area with Larch Lurch. And we'll throw in a bit of I'm Feeling a Bit Sick-Amore for free if we find any." For the first time Smalls looked pleased. "Excellent. The forest will be dead or dying within 3 months. CLOT will be only too pleased to let me have the land at a bargain price. Ah, I can almost smell that pickle already. And hear those wretched orienteers crying into their, er, whatever they cry into." He was mad. Stark raving mad. But with control over Kevin and his bunch of evil weevils, he had complete control over BOO and CLOT. And, via McNut, the entire BOO membership. We were in big trouble. My thoughts turned to my assistant, Robin Wood who I had dispatched off to Cromford Rocks some hours previously to check out reports of a minor outbreak of Larch Lurch. I hoped he had gone there as instructed. On occasions like these he had a habit of going AWOL with his new girlfriend Alice Treepark. I urgently needed to make a phone call. And get out of here without attracting attention. I decided to retrace my steps but as I sidled backwards I heard Kevin resume his moaning about the cuisine. One of the CLOT officials turned and, spotting me, said "Oh look, there's the health and safety officer who's investigating the problem. Let's ask him about." I hesitated, wondering whether I should just run for it, for reasons that were about to become obvious. "Come here man!" shouted Smalls. "I can't have my key personnel randomly poisoned by lax catering practices. This weevil has a job to do and I need him to be hungry." It seemed I didn't have much choice. I edged forward. Smalls scowled. Then he did a slight double take. "Hey," he said, "Don't I know you from somewhere?" **Does he? Find out in Part 6.**



2018 O Planner

☒ = East Midlands League – best 8 scores from 14 runs (**DVO**, **NOC**, **LEI**, **LOG**)

EMUL East Mids Urban League – best 4 from 8 runs; **UK Urban League** – best 7 from 20 runs

UKOL = UK O League – best 12 scores from 24 runs. BOF categories: **M(A)**, **N(B)**, **R(C)**, **L(D)**

DPS = Derby Parks Series, **NT** = National Trust Series, **SDS** = South Derbyshire Series



February

- Sat 3rd L **Holmebrook Valley Park**, Registration 1–2pm
- Sun 4th ☒ 3 **Lincoln South Common**, Reg. 10–12 noon
- Sun 11th ☒ 4 **Bestwood Country Park**, Reg. 10–12 noon
- Sat 17th Social **Derby Velodrome Trip**, see p 3
- Sun 25th ☒ 5 **Cademan & Thringstone Woods (YBT Heat)**, Reg. 10–12 noon

March

- Sun 4th ☒ 6 **Linacre**, Registration 10–12 noon
- Sat 10th L **Oker Hill, Matlock**, Registration 1–2pm
- Sun 11th CSCup **Canklow Woods**, south of Rotherham, enter via Graham, see p 4
- Sat 17th UKOL **Irchester Middle Distance**, nr Wellingborough. Entries open on Fabian4
- Sun 18th UKOL **Belvoir Castle & Estate**, Midlands Champs.
- Sat 24th DPS **Markeaton Park**, Registration 1–3pm
- Sun 25th ☒ 7 **Byron's Walk**, near Hucknall. Reg. 10–12 noon
- Fri 30th JK Sprint **MoD Stafford** (enter via SI entries; closing date Feb 25th)
- Sat 31st JKD1 **Brereton Spurs** (Cannock) Middle Distance



April

- Sun 1st JKD2 **Beaudesert & Brereton Hayes**, Classic Distance
- Mon 2nd Relays **Run for your club at Beaudesert**, see p 4
- Sat 7th DPS **Darley Park**, Registration 1–3pm
- Sun 15th ☒ 8 **Hardwick Park**, Registration 10–12 noon
- Sun 21st UKOL **Thirk Urban (HALO)**
- Sun 22nd UKOL **Wass Forest (Northern Champs; EBOR)**
- Sun 22nd ☒ 9 **Spring Cottage**, Registration 10–12noon
- Sat 28th DPS **Elvaston Castle Country Park**, Registration 1–3pm
- Sun 29th EMUL **Southwell Urban**, Registration 10–12 noon



May

- Sat 5th DPS **Allestree Park**, Registration 1–3pm
- Sat 19th UKOL **Balmoral** (British Long Distance Champs, MAROC), entries via SI
- Sun 20th Relay **Torphantrick (Cambus o' May)**, entries via Graham nearer the time
- Wed 23rd WOD **World O Day activities in Whitworth Park, Darley Dale**
- Sat 26th **Exter University Urban** – Day 1 of Tamar Tripple Weekend
- Sun 27th UKOL **Braunton Burrows Long**, sandunes west of Barnstaple
- Mon 28th UKOL **Braunton Burrows Medium**
- Mon 28th R **York City Race** (Eborienteers)






June

also **Matlock Summer Series, Wed eves, 6 June until 4 July!** 😎

- Sat 2nd N **Kilnsey South**, Dales Town and Country Weekend
- Sun 3rd R **Skipton Urban**, ditto, see Airienteers website nearer the time
- Sat 9th Relay **Pegswood nr Morpeth**, British Mixed Sprint Relay Champs (NATO)
- Sun 10th EMUL **Quorn Urban**, Reg 10–12 noon
- Sun 17th ☒ 10 **Stanton Moor**, Registration 10–12noon
- Sun 24th EMUL **Skegness Urban**, Reg 10–12 noon but pre-entry recommended

July (including Lakes 5 Days)

Sun 1 st		Halifax Urban (EPOC)
Sun 8 th		Sheffield Urban
Sat 14 th	SDS	Staunton Harold, Reg 1–3pm
Sat 21 st	SDS	Foremark, Reg 1–3pm
Sun 22 nd		Barnard Castle Urban (CLOK)
Sun 29 th	UKOL	Silver Howe, Grasmere
Mon 30 th	R	Angle Tarn Pikes, Patterdale
Tues 31 st	R	Harrop Tarn, Grasmere
Thurs 2 nd	R	Askham Fell, Pooley Bridge
Fri 3rd Aug	UKOL	Dale Park, Newby Bridge




August (after Lakes 5 Days)

Sun 19 th	EMUL	Lincoln City, Reg 10–12 noon
Wed 15 th	NT	Ilam Park (Try O, 11–2:30)
Sat 11 th	SDS	Swadlincote Woods, Reg 1–3pm
Sat 18 th	SDS	Rosliston Forestry Centre, Reg 1–3pm
Wed 22 nd	NT	Longshaw (Try O, 11–2:30)
Wed 29 th	NT	Hardwick Park (Try O, 11–2:30)
25–27 th	White Rose	Duncombe Park, near Helmsley



September

Sat 1 st	UKOL	Bath University, British Sprint Champs
Sun 2 nd	UKOL	Stock Hill, near Wells, British Middle Distance Champs
Sat 8 th	D	West Park, Long Eaton, Registration 1–3pm, new area!
Sun 9 th		Hanley Urban, Stoke on Trent (POTOC)
Sun 16 th	EMUL	Nottingham City, Reg 10–12 noon
Sat 22 nd	N	Caddihoe Chase, SARUM
Sun 23 rd	N	Caddihoe Chase, Day 2, Venue TBA
Sat 29 th	Closed	Junior Interregional Championships, Individual Race, Chatsworth.
Sun 30 th	Score	JIRCs Relays, Carsington. Helpers needed for both days! followed by 2018 East Midlands Score Championships on same area

October



Sun 7 th	EMUL	Shepshed, Reg 10–12 noon
Sun 14 th	 11	Grangewood and Top Wood Plantations, Reg 10–12
Sat 20 th	DVO	Shiple Park, fun sociable event, handicapped so we all finish around noon!
Sun 21 st	Final	CompassSport Cup Final at Abraham's Valley
Sat 27 th	D	Alfreton Park, Registration 1–3pm



November

Sun 4 th	 12	NOC EML Event, venue TBC, Reg 10–12
Sat 10 th	D	Shiple Country Park, Registration 1–3pm
Sun 25 th	 13	Bradgate Park, Reg 10–12

December

Sun 9 th	 EMUL	Oakwood Urban, Reg 10–12 noon, but pre-entry recommended
Sun 30 th	 14	Castle Hill, Reg 10–12

FAST exciting **URBAN** orienteering...

Please check websites of organising clubs before travel as there may be changes

British Championships 2018 entry cut-off dates (enter via SI)

	Entries open now - 14th Feb 2018	Entries 15th Feb 2018 - 4th Apr 2018	Entries 5th Apr 2018 - 4th May 2018
Seniors M/W21+	£21.50	£23.65	£25.80
Juniors M/W20- and students M/W21+	£9.00	£9.90	£10.80

Non-championship courses, Seniors £12, Juniors £6 until 4th May



Payment date	Senior	Junior/Student
Before 31st January	£16	£5
1st Feb - 30th April	£17	£6
1st May - 30th June	£18	£7
1st July - 22nd July	£20	£7

SiAC: we're all still learning!

The **Urban Orienteering UK** Facebook group recently hosted a thread about contactless dibbers and the Finish. For those new to orienteering, SportIdent have in the last 2 or 3 years introduced contactless dibbers known as SiAC for SPORTident Active Card. These save 10–15 seconds per control as you can just “waft” the dibber within 30cm of the SI box, making that your flow through the control much quicker.

Helen Nisbet of Thames Valley commented that she attended LEI’s SiAC-enabled event, yet had to dib conventionally at the Finish. Mike Godfree clarified this by explaining:

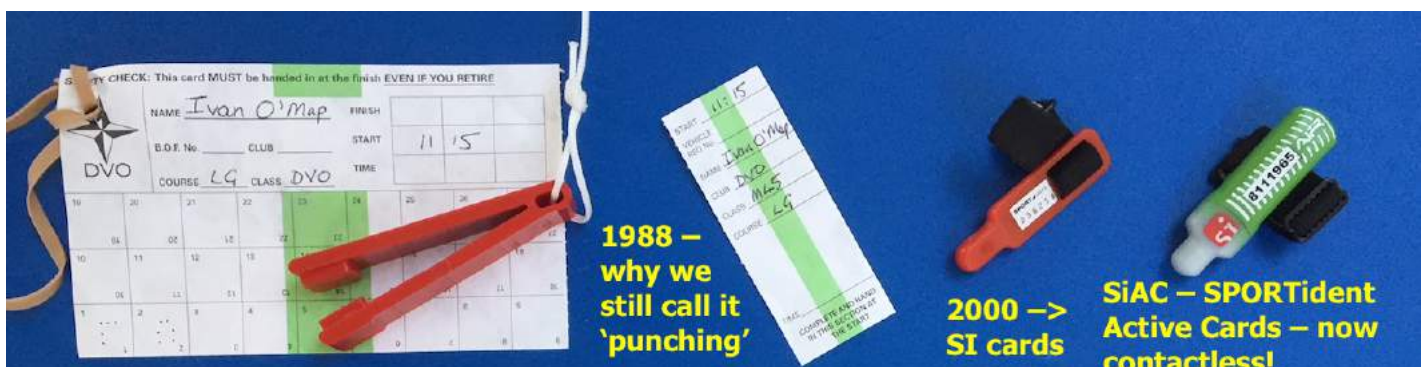
you can programme the finish control to be either contactless or to require conventional punching by SiAC dibbers. **If it is contactless it keeps no record of SiAC dibbers that have been wafted over it.** This means that in the event of someone failing to download you cannot rely on the finish box to tell you whether they have finished or not. So some clubs have chosen to force you to dib at the finish, others have put an extra conventional control just after a contactless finish (but it must be more than 5 seconds, say 10 metres, after) at which they hope everyone will dib, and others have decided that the risk is so small that they will allow the finish box to be contactless.

A notice at the finish often alerts you to dib conventionally – but, if in doubt, dib.

The correct position was stated by Martin Stone:

- Wafting at a Finish Box switches the SiAC off.
- An extra safety box will be programmed as a control and this will not switch the SiAC OFF. It must be located at least 10m beyond the finish as it is important the participant doesn’t dip the card too soon after the finish while the SiAC is still beeping/flashing.
- Download does not switch off the SiAC and a separate SiAC OFF station should be at download to handle retirees who haven’t been past the finish.

It is important (from a battery conservation point of view) but not critical to switch off a SiAC whenever it is not in use. If it is left on, the SiAC will switch off automatically about 24 hours after the last timestamp is added.



Locations of DVO events 1969 – 2017

Dave Nevell

As promised, this is the grand countdown from 100 to 1 of areas used by DVO over the last 48 years. As with last month's analysis. It is not an exact science as some areas have still to be identified and some of these venues have titular ambiguity. Urban areas especially have been grouped together - Belper (Urban) for example, may have included a number of different street maps within Belper. However, urban events on maps with specifically different names have tended to be counted separately. Some events used more than one area (e.g. Crich and Shining Cliff for the JK, Farley and Bottom Moors listed as Matlock Moor) in which case each area gets counted. Sequence number refers to the order in which these areas were first used. The "Most" column indicates the largest attendance that we know about. A, B, C and D refers to the number of events at each (estimated) level.




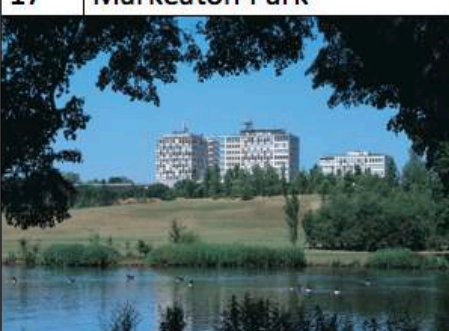

The fact that 100 different venues are listed is pure chance – I thought there were more but the overall list to the end of 2017 (909 events in all) proved to have some simplification. Also, one of the 100 is a venue labelled "unknown" so this is still to be resolved. In addition to these areas there are also some others that have permanent courses at which no formal event appears to have ever been staged. These areas are Bakewell Recreation Ground, The Dimple (Matlock), Eureka Park (Swadlincote) and Normanton Park (Derby) although it is possible that these have featured as part of wider street events. Can you guess which areas make the top three? Make a choice then read on, you may be surprised.






Pos	Venue	Events	Sequence	Period Used	Most	A	B	C	D
100	Openwoodgate (URBAN)	1	100 th	2017-2017	77 (2017)	0	0	0	1
A "Try Urban Orienteering" event in the southern-most part of Belper.									
99	Lea Green	1	99 th	2017-2017	51 (2017)	0	0	0	1
One of the newly instigated Matlock Summer Series events.									
98	Highfields School	1	98 th	2017-2017	79 (2017)	0	0	0	1
Covers events held both am and pm on World Orienteering Day.									
97	Ashbourne Town Park	1	97 th	2017-2017	73 (2017)	0	0	0	1
A QEGS Primary Schools event run by Rex Bleakman in a tiny park. Permanent course.									
96	Thorpe Pastures	1	96 th	2017-2017	77 (2017)	0	0	0	1
Military League event run by Sally Calland on land adjoining Thorpe Cloud. Dovedale Dash territory.									
95	Grangewood	1	95 th	2016-2016	156 (2016)	0	0	1	0
An emerging National Forest area, single EM League event.									
94	Ripley (URBAN)	1	81 st	2011-2011	39 (2011)	0	0	0	1
Single low key New Year's Day event by Sue Russell.									
93	Littlemoor	1	80 th	2010-2010	40 (2010)	0	0	0	1
Northern part of Riber Hillside including parts which may not have been otherwise used.									
92	Darley Dale (URBAN)	1	78 th	2010-2010	38 (2010)	0	0	0	1
Another low key New Year's Day event.									
91	West Hallam	1	77 th	2009-2009	19 (2009)	0	0	0	1
Friday evening event.									
90	Melbourne (URBAN)	1	76 th	2009-2009	62 (2009)	0	0	0	1
Yet another once-only venue New Year's Day event.									
89	Brierley Forest Park	1	73 rd	2006-2006	58 (2006)	0	0	0	1
Club Champs 2006 run by Dave Skidmore and Ruth Ellis in NOC territory near Sutton in Ashfield.									
88	Pleasley Vale	1	71 st	2005-2005	38 (2005)	0	0	0	1
Reclaimed colliery site on the Derbys/Notts boundary. Venue for NE Derbys Adventure Youth Games.									






Pos	Venue	Events	Sequence	Period Used	Most	A	B	C	D
87	Alfreton (URBAN)	1	66 th	2002-2002	unknown	0	0	0	1
A Summer Series event.									
86	Derby Centre (URBAN)	1	60 th	2001-2001	29 (2001)	0	0	0	1
One of the "stand-in" urban events staged during the Foot & Mouth outbreak of 2001									
85	Catton Park	1	54 th	1999-1999	24 (1999)	0	0	0	1
A Summer Series event in SW Derbyshire parkland right on Staffordshire border.									
84	Derby West Campus	1	47 th	1995-1995	43 (1995)	0	0	0	1
A Mike Godfree-run Summer Series event.									
83	Alvaston Park	1	40 th	1991-1991	8 (1991)	0	0	0	1
A Summer Series event in a Derby Park. No map – the event itself involved drawing parts of it.									
82	Duffield (URBAN)	1	34 th	1989-1989	11 (1989)	0	0	0	1
Mid-week night event organised from the Wilkinsons'.									
81	Loundsley Green (URB)	1	30 th	1987-1987	unknown	0	0	0	1
Another mid-week night event organised by Steve Kimberley. In Chesterfield									
80	Mickleover (URBAN)	1	26 th	1986-1986	unknown	0	0	0	1
And another mid-week night event, Mike Gardner put this one on.									
79	Bramcote Hills	1	25 th	1985-1985	45 (1985)	0	0	0	1
Club Champs in 1985. Organised and planned by Dave Brodie and Angela Gardner. NOC Venue.									
78	Clay Cross (URBAN)	1	18 th	1983-1983	unknown	0	0	0	1
Early mid-week night street event									
77	Annesley	1	16 th	1981-1981	30 (1981)	0	0	0	1
Low turnout Club Champs in 1980 held in NOC territory and staged by Andy Clayton.									
76	Staunton Harold	2	92 nd	2016-2017	54 (2017)	0	0	0	2
Next to reservoir. Used twice for Rex Bleakman South Derbyshire Series events. Permanent course.									
75	Chinley Churn	2	91 st	2015-2016	255 (2016)	0	2	0	0
NW Peak District near Chapel-en-le-Frith. The most recent "big event" quality area to be launched.									
74	Cambridge Woods	2	90 th	2015-2016	66 (2015)	0	0	0	2
Steep woodland to the west of Darley Dale. One Saturday event and a Matlock Summer Series.									
73	Birchen Edge	2	89 th	2014-2015	356 (2015)	0	1	0	1
Quality moorland and gritstone edges. Club Champs in 2014 then East Midlands Champs in 2015.									
72	John Port School	2	84 th	2011-2016	27 (2016)	0	0	0	2
Based on the school in Etwall. Used in the 2016 South Derbyshire series.									
71	Repton School	2	83 rd	2011-2016	42 (2016)	0	0	0	2
Another school area used in the 2016 South Derbyshire series.									
70	Crich (URBAN)	2	70 th	2005-2008	26 (2008)	0	0	0	2
Summer series events.									
69	Poulter Country Park	2	64 th	2001-2002	75 (2001)	0	0	0	2
Reclaimed colliery area on Notts border. Summer Series events. Permanent course.									
68	Ilkeston (URBAN)	2	62 nd	2001-2015	60 (2015)	0	0	0	2
Originally used during Foot & Mouth but more recently for the New Year's Day event of 2015.									
67	Carsington Water	2	58 th	2000-2002	unknown	0	0	0	2
Summer League and Youth Games									
66	Chaddesden Park	2	52 nd	1998-2001	20 (2001)	0	0	0	2
Summer series. Permanent course.									





Pos	Venue	Events	Sequence	Period Used	Most	A	B	C	D
65	Abbotsholme School	2	48 th	1996-2014	92 (2014)	0	0	1	1
School grounds near to Rocester. East Midlands Sprint Champs in 2014.									
64	Grassmoor C.P.	2	41 st	1991-2002	unknown	0	0	0	2
Yet another former colliery site, near Chesterfield. Steve Kimberley organised Summer Series events.									
63	Clumber Park	2	10 th	1974-1976	696 (1974)	1	1	0	0
Major NOC venue but DVO was lead club for these EM events. Includes Midland Champs 1974.									
62	Oker Hill	3	94 th	2016-2017	27 (2016)	0	0	0	3
Small area to west of Darley Dale. Used for 2 Matlock Summer Series.									
61	Forty Acre Wood	3	93 rd	2016-2017	64 (2017)	0	0	0	3
Small (40 acres at a guess) flat part of Matlock Forest. Forestry Commission. 2 Matlock Summer Series.									
60	Hall Leys Park	3	82 nd	2011-2012	54 (2011)	0	0	0	3
Tiny Victorian park next to Derwent in Matlock. Permanent course.									
59	Osmaston Park	3	57 th	2000-2002	unknown	0	0	0	3
Very simple park in Derby. Used for Derbyshire Youth games a couple of times.									
58	Eckington Park	3	50 th	1997-1999	292 (1997)	0	0	2	1
Mixed woodland 10km NE of Chesterfield. 2 Level C events but not used this century.									
57	Alfreton Park	3	46 th	1994-2017	114 (2017)	0	0	0	3
Minor events in mid 90s (inc.a Booze O) but back with a big turnout in 2017 for Navigate 4 North.									
56	Sinfin Moor Park	3	45 th	1994-1996	31 (1994)	0	0	0	3
Little more than playing fields in south Derby. Summer Series only.									
55	Bolehill	3	44 th	1994-1996	50 (1995)	0	0	0	3
Club Champs were here in 1995.									
54	Ambergate	3	43 rd	1992-2012	23 (2011)	0	0	0	3
Loose collection of summer evening rural events based on Ambergate.									
53	Kilburn (URBAN)	3	29 th	1987-1990	unknown	0	0	0	3
All evening/night events based on Ian Whitehead's house in Kilburn.									
52	Winster	3	28 th	1986-1988	54 (1986)	0	0	0	3
Frank Mason's Winster Wakes events during the mid 1980s.									
51	Rough Pittyside	3	24 th	1984-1987	326 (1985)	0	0	3	0
Steep woodland west of Wirksworth. Much like it says on the tin. Tony Berwick's most feared area?									
50	Sydnope	3	15 th	1979-1981	538 (1981)	0	2	1	0
Mainly green steep forest between Whitesprings and Farley Moor. Only once used on its own.									
49	Longstone Moor	4	88 th	2013-2017	243 (2014)	0	1	2	1
White Peak moorland with some localised complexity. Club Champs in 2013, followed by Levels B & C.									
48	Whitworth Park	4	87 th	2013-2017	122 (2017)	0	0	0	4
2 Matlock Summer Series but there were over 100 here for World Orienteering day in 2017.									
47	Broomfield College	4	86 th	2012-2016	59 (2016)	0	0	0	4
Grounds of agricultural college north of Derby. Saturday local events plus fun relays and BBQ.									
46	Buxton	4	79 th	2010-2016	unknown	0	0	1	3
Miscellaneous low key events in Buxton- precise location not always specified.									
45	Bakewell (URBAN)	4	74 th	2008-2014	74 (2014)	0	0	0	4
Summer series and also New Year's Day event in 2014.									
44	Riber Hillside	4	72 nd	2006-2012	256 (2007)	0	0	3	1
Map also includes Bow Wood. EM League events mainly.									

Pos	Venue	Events	Sequence	Period Used	Most	A	B	C	D
43	Chesterfield (URBAN)	4	63 rd	2001-2017	211 (2017)	0	0	2	2
Initial event was during Foot & Mouth outbreak, more recently EM Urban League events									
42	West Park	4	56 th	2000-2005	83 (2001)	0	0	0	4
A large level park in Long Eaton. Another Foot & Mouth venue, also used for Summer Series events.									
41	Bow Wood	4	39 th	1991-2006	250 (1994)	0	0	4	0
Later extended to include Riber Hillside. Staple area for Level C events.									
40	Queen's Park	4	33 rd	1988-2012	22 (2010)	0	0	0	4
Chesterfield park including Derbyshire CC ground. CATI in 1988 and other low key events.									
39	Allestree (URBAN)	4	20 th	1983-2008	19 (2008)	0	0	0	4
Three night events, one Summer Series.									
38	Unknown	5	59 th	2000-2014	unknown	0	0	0	5
A few remaining Summer Series venues yet to be confirmed including one Booze O.									
37	Oakwood (URBAN)	5	42 nd	1992-2014	120 (2014)	0	0	1	4
NE Derby suburb. All daylight events, mainly Summer Series. Will close UK Urban League in 2018.									
36	Chatsworth	5	27 th	1986-2003	1614 (1997)	1	4	0	0
Almost 6000 runners in just 5 events. All huge profile events including British Relays. Permission recently regained to hold the 2018 Junior InterRegional Championships (JIRCS) individual race Sept 2018									
35	Swadlincote Woodlands	6	85 th	2011-2017	85 (2017)	0	0	0	6
Another National Forest area very close to Swadlincote centre. All Saturday events. Permanent course.									
34	Pavilion Gardens	6	75 th	2008-2012	151 (2008)	0	0	0	6
Pleasure gardens in Buxton. Huge turnout in 2008 was a junior introductory event.									
33	Ashbourne (URBAN)	6	61 st	2001-2016	131 (2016)	0	0	1	5
2016 New Year's Day event. Some Summer Series, two night events, one with 5 runners (DVO low).									
32	Bradley Wood	6	49 th	1996-2014	76 (2013)	0	0	0	6
Wood to east of Ashbourne. New Year's Day event in 1998. Summer Series and Saturday local events.									
31	Wirksworth (URBAN)	8	65 th	2002-2016	131 (2012)	0	0	1	7
Smaller night street events, New Year's Day event in 2012 and EM Urban League event.									
30	Robin Wood	8	19 th	1983-1997	368 (1988)	0	0	6	2
Small area near Melbourne staged regular Level C events up to the mid-1990s when permissions lost.									
29	Lindop	8	11 th	1975-2017	638 (1975)	0	1	7	0
Steep area over the river from Chatsworth. A 30 year gap from 1977-2007, now an EM League regular.									
28	Poolsbrook	9	55 th	2000-2017	55 (2014)	0	0	0	9
180 acres of Country Park near Chesterfield. Nearly all Saturday local events. Permanent course.									
27	Matlock (URBAN)	9	23 rd	1984-2015	177 (2015)	0	0	1	8
Night events, Summer Series, Foot & Mouth stand-in, and EM Urban League in 2015. Includes the ARC.									
26	Foremark Reservoir	10	67 th	2002-2017	87 (2017)	0	0	0	10
Summer Series, local events, schools' championship and best turnout at the recent S. Derbyshire series									
25	Belper (URBAN)	10	13 th	1977-2017	326 (2017)	0	0	1	9
Big turnout for EM & UK Urban League event in 2017. Before that mainly small night street events.									
24	Holmebrook Park	12	53 rd	1999-2011	285 (2001)	0	0	1	11
Park on west edge of Chesterfield. Permanent course. Largest event also included the use of Linacre.									
23	Rosliston	12	69 th	2005-2017	81 (2017)	0	0	0	12
National Forest again, much used for Summer Series and school's events. Rapidly maturing.									
22	Eyam Moor	13	37 th	1989-2016	1603 (1992)	2	5	6	0

Pos	Venue	Events	Sequence	Period Used	Most	A	B	C	D
Top quality area (best in county?) has staged some large events including the National event in 1992.									
21	Lea Woods	13	4 th	1969-1985	500 (1972)	0	1	5	7
Early favourite. Steep area next to Derwent south of Bow Wood. 500 turned up for JK rundown in 1972									
20	Ilam Park	16	68 th	2004-2017	145 (2006)	0	0	0	16
	Attractive National Trust parkland just over the county boundary in Staffordshire. The Club Championships were held here in 2004, 2011 and in 2017. Some Summer Series events, at least one schools' event and was part of the National Trust Try O series in 2017. Has had heavier usage in recent years than virtually any DVO area. Landscape shows evidence of ridge and furrow (also seen at the top of Allestree Park) quite uncomfortable to run across at speed.								
19	Kedleston Park	18	35 th	1989-2017	382 (1990)	0	0	14	4
	National Trust estate to the northwest of Derby. Mainly fast open with patches and strips of woodland. Another area where the inaugural event here was the Club Championships (1989). The last twenty years have seen a steady stream of EM League events at a rate of about one every two years. However, was used 4 times in 1995 including a night event and a schools' event. The photo shows the boathouse on the Upper Lake, designed by Robert Adam, who also designed the rest of the park.								
18	Carsington Pastures	19	51 st	1998-2016	395 (2001)	0	1	11	7
	Open area in the White Peak now dominated by the wind farm constructed in 2012. Some quite tricky parts especially in the northern limestone outcrop section, Harborough Rocks. A staple for the East Midlands League, with just one Level B in 2010. The Club Champs were held here in 1998, 2000, 2003 and 2015. The photo is taken from the trig point on Harborough Rocks and shows the wind turbines in the background with Carsington Reservoir beyond.								
17	Markeaton Park	19	17 th	1982-2017	114 (2008)	0	0	1	18
	Fairly flat and simple park land. Now hosts the Saturday morning parkrun that started off in Darley Park. Has been used intermittently – since the first event in 1982 there have been three periods of six years when no events have been held here at all. Summer series make up most of the events, one Booze O, introductory events, and a schools' championship. The Derby Parks Challenge series in 2017 pulled in over 100 competitors. Photo shows the University of Derby (since 1992) over the Markeaton Lake.								
16	Stanton Moor	21	31 st	1987-2016	1032 (2013)	1	2	12	16
	National Trust area west of Darley Dale. A real mixture of gritstone moorland, birch woodland and complex quarried areas, making this a significant technical challenge and an ideal venue for the British Middle Championships in 2013. A favourite for the Club Champs – they were held here in 1987, 1988, 1994, 2007 and 2016. Otherwise EM League events and a few summer series. The photo shows quarrying work typical of many parts of the area.								

Pos	Venue	Events	Sequence	Period Used	Most	A	B	C	D
15	Linacre	22	14 th	1978-2007	310 (1990)	0	0	16	6
	Wooded valley around three reservoirs on the western edge of Chesterfield. Course planning somewhat restricted by shape of area. For many years was just used for regular Level C events but then diversified into Summer Series. The Club Champs were staged here in 1992 and 2001 (foot & mouth year). Out of use for the last decade. The photo shows low water levels in 2010.								
14	Whitesprings	23	5 th	1971-2017	563 (1978)	0	2	14	7
	The westernmost piece of forest on the high ground and in the dales north of Matlock. A contrast of flat Forestry Commission terrain and steep sided valley. Has fallen out of favour in recent years – the Matlock Summer Series event was the first for nine years. Before that was a staple venue for EM League events. The photo shows an old packhorse route through Hall Dale.								
13	Elvaston Country Park	28	36 th	1989-2017	120 (2000)	0	0	0	28
	Technically undemanding Country Park run by Derbyshire County Council. At the heart of the estate lies the gothic revival Elvaston Castle (not open to the public) dating back to the early 1800s. Hosted the Derbyshire Schools Champs a couple of times and many summer evening events as well as being part of the recent Derby Parks Challenge series. Has a permanent course. Claims to have been the very first Country Park opened in England.								
12	Hardwick Park	28	21 st	1983-2017	295 (2011)	0	0	9	19
	Attractive NT parkland close to the M1. Generally used for smaller events but has occasionally hosted an EM League event. Some schools' events, Summer Series and also a couple of night events. The Club Champs were here in 2009 and 2012. Was almost completely ignored in the 1990s but has had a resurgence since 2000. Has a permanent course. The photo shows one of a row of five fish ponds in the grounds of Hardwick Hall. These date from before the construction of the New Hall in 1597.								
11	Crich Chase	30	12 th	1976-2017	731 (1995)	2	7	14	7
	Attractive, physical and technical, one of DVO's very best, just a shame it's not a bit bigger. The 731 attendance quoted here is the best for a Crich-only event – many more were at BOC82 and JK91 which combined with Shining Cliff, necessitating canal bridges and timed road crossings. Just one Club Champs here in 1979, otherwise many high standard events and a smattering of Summer Series. During one hot summer in the 1980s, the Chase caught fire and smouldered for weeks – runners returned covered in ash.								

Pos	Venue	Events	Sequence	Period Used	Most	A	B	C	D
10	Darley Park	32	22 nd	1983-2017	95 (2017)	0	0	1	31
		Darley Park has probably seen more strange event formats than any other DVO area as planners have tried to make the most of this tiny but attractive area. A summer series favourite – the sole Level C was part of a larger Derby parks event. At least 4 Booze 'O's have been held here and the recent Derby Parks Challenge attracted the largest recorded attendance that we know of. Did you know that these lines of bushes mark the northern end of the Duke Street Great Northern branch line, dismantled in 1952?							
9	Calke Park	32	32 nd	1987-2017	543 (1997)	0	0	18	14
		National Trust parkland, deer enclosure and stately home. One of the club's most southerly areas although BBC Countryfile magazine bizarrely claims that it is in the Peak District. Low on technical challenge but can have spectacular bluebells. A staple EM League venue – only Cromford has staged more Level C events. The Club Champs were here in 2005 and 2010. The ancient oak shown here could be up to 1500 years old and it is claimed that there are no more than 100 trees of this significance and age in Western Europe.							
8	Longshaw	35	8 th	1974-2017	1225 (1997)	5	5	14	11
		One of DVO's best areas with considerable physical and technical challenge. Owned by the National Trust and within the Peak District National Park. More major events have been held here than any other club venue including the Midlands Champs, the Veteran Home Internationals, the CompassSport Cup Final and the Junior Inter-regional Champs. The Club Champs have been held here five times, most recently in 2008. Permanent course. The photo shows a former gunpowder store in Padley Gorge.							
7	Shining Cliff	36	1 st	1968-2017	3000 (1991)	4	10	8	14
		Contains the most technical orienteering the club can offer but overall the area is not as good as it was 30 years ago due to brambles and felling. Some National Trust, on lease to the F.C. Has staged both the British Champs and the JK (twice). First event in 1968 was staged under DVOC banner shortly before DVO was officially formed. The Club Champs have been here three times but not since 1986. In 1994 the 25 th anniversary event was held here. Was also a Summer Series regular during the 1990s.							
6	Bottom Moor	37	=2 nd	1971-2017	536 (1988)	1	4	15	17
		A.k.a. Matlock Forest East. Forestry Commission area of limited technical challenge or charm. Was used together with Farley Moor for some larger events, for example Midlands Champs in 1970. Once a regular for Level C events but has fallen out of favour in the last decade after much of it was felled. There have only been Level D events here this century, the most recent being part of the Matlock Summer Series in 2016 and 2017. The photo shows a 2008 view of replanting in the central part of the forest.							

Pos	Venue	Events	Sequence	Period Used	Most	A	B	C	D
5	Farley Moor	38	=2 nd	1969-2016	443 (1987)	1	4	19	14
		<p>A.k.a. Matlock Forest West. Forestry Commission area. Club Champs held here just once in 1980. Some big events held here in conjunction with Bottom Moor, almost certainly attracting more than 443 runners. Otherwise a lot of Level C events, especially in the 1980s. Photo shows triangulation point in the forest. There is another one buried deep in trees in Matlock East – when they were built seventy years ago there would have been line of sight between them.</p>							
4	ShIPLEY Country Park	38	38 th	1990-2017	713 (2013)	0	2	3	33
		<p>An ancient estate mentioned in the Domesday Book which was also heavily used for coal mining until the 1960s. Following reclamation of the land by the NCB, it was opened as a Country Park by Derbyshire County Council in 1976. The British Schools Championships have been held here twice, in 2005 and 2013, each time with Val Johnson at the helm. It has also hosted many other schools' events as well as Summer Series events, Come and Try Its and a Booze O. The photo shows a converted water tower on the area which is now a private residence.</p>							
3	Drum Hill	42	7 th	1972-2004	386 (1986)	0	0	12	30
		<p>Consists of 80 acres of Scout camp, some four miles north of Derby with camping space for 1000 people. A regular for the Summer Series through the 1990s as well as regular club events but permission lost over ten years ago. Hosted the Club Champs in 1984 and 1990. Also used during the 2001 foot and mouth outbreak. Course planning is somewhat limited by the very narrow shape of the area. Photo shows the east-west track running along the northern edge of the map.</p>							
2	Cromford Moor	53	6 th	1972-2015	519 (1995)	0	0	25	28
		<p>Includes events advertised as Black Rocks but not enough to take this area to the No. 1 Slot. Owned by the Forestry Commission and out of use at present due to extensive felling. One of the club's most physical areas, the Club Champs were held twice here in the 1990s. Otherwise a lot of summer series events. Has a tough permanent course. Incidentally, the Black Rocks site was mined for lead, and the spoil on the scree supports many interesting lead tolerant plants (leadworts).</p>							

Have you worked out which area is missing from the list? While you are wondering whether to turn the page* yet, I would like to take this opportunity to thank John Hurley for checking through this list.

*I don't know how well this whole suspense thing works if you don't have a paper copy.

Pos	Venue	Events	Sequence	Period Used	Most	A	B	C	D
1	Allestree Park	69	9 th	1974-2017	426 (1988)	0	0	17	52

So, this is DVO's most used area. Not the most prestigious by any means - it has never been used for anything higher than a Level C event. It's not a technical area although its challenge is enhanced by being physically demanding due to the hill and it does of course have the tricky area of diggings and rhododendrons where K6 is said to still hang. The 1:7500 map has been resurveyed over the last 25 years by local resident Tony Berwick. It has been a natural area to use for virtually every Summer Series, seen various schools' events, been used for night events including the Midland Night Champs in 1994, a couple of Booze 'O's and most recently, contributed to the Derby Parks Challenge series. It has however, never hosted the Club Champs. It has a permanent course with 16 controls on the lower part of the area nearest the hall. Over 400 competitors have turned out on at least two occasions (maybe more) although recently an EM League event will expect to pull in nearer 200. Use in recent years has dropped off slightly - we will probably never match 1988 when five events were held there – but it is unlikely that any other area will ever overtake Allestree at the top of this list.



Allestree Park (2014). Most of the area covered by the O map can be seen in this aerial shot. The hall dates to the nineteenth century and is a grade 2 listed building although it has been unoccupied since the 1980s and was placed onto the English Heritage at Risk Register in 2010. The Allestree estate was enclosed in 1818, meaning that the land became restricted to the owner, and ceased to be common land for communal use. The whole estate was much bigger than the current park – the areas to the top of this photo and to the right were sold off for housing development in 1928. What remains is about 320 acres which has belonged to Derby City Council since the early part of the twentieth century. Much of the park is a designated Local Nature Reserve and in the lower part, a Municipal golf course. The Friends of Allestree Park group have recently been involved in many projects including tackling the alien and invasive Himalayan balsam and rhododendron, cleaning out debris from part of the Lake, restoring the main footpath through Big Wood, clearing of a large amount of invasive sycamore and (unsuccessfully) campaigning to save the animal pens that featured for many years.

Orienteering Enjoyment as Time Goes By

Jen Gale

December 17th at Outwoods and a cold drizzly day. I wasn't looking forward to it and the long muddy walk to the start didn't help. But, there were lovely bits of forest with fallen leaves and no brambles and I found I was enjoying myself. Oddly, getting lost a couple of times actually added to this. It's what orienteering is about for me. I'm not a runner (for those who are you can stop reading now) and the map reading and logical working out of where you are when you go astray is where I get my love of the sport. As I walked back down the muddy track afterwards I reflected that as you get older and less able physically, the plus to no longer being competitive is that you can enjoy the real heart of the sport without fretting about whether taking this extra time will mean that one of your peers is going to beat you. You can really take your time to enjoy the challenge of working out where you are and feel the satisfaction of being right.

So, something to look forward to as the clock ticks by. Though I have to admit that finding when I looked at the results that all the people I might have an outside chance of beating had soundly trounced me was a little bit of a downer.

Edinburgh Big Weekend

Mike & Sal

A DVO contingent (including Jen) attended the Edinburgh Big Weekend recently, with 4 events packed into the 3 days. One was an indoor event, and Mike's map is shown on page 33. The venue was the James Clerk Maxwell Building, part of the uni's Maths and Physics Department. Mike took 25 minutes for the course, and commented that Level 7, a flat roof, was 'lethally icy'. He also found the spiral staircases 'most disorienting'!

Indeed, the icy conditions meant that the City Race planned for Saturday was made non-competitive, but still available to run/tread gingerly around. Permission had been withdrawn for a few of the controls, so this was a good compromise.

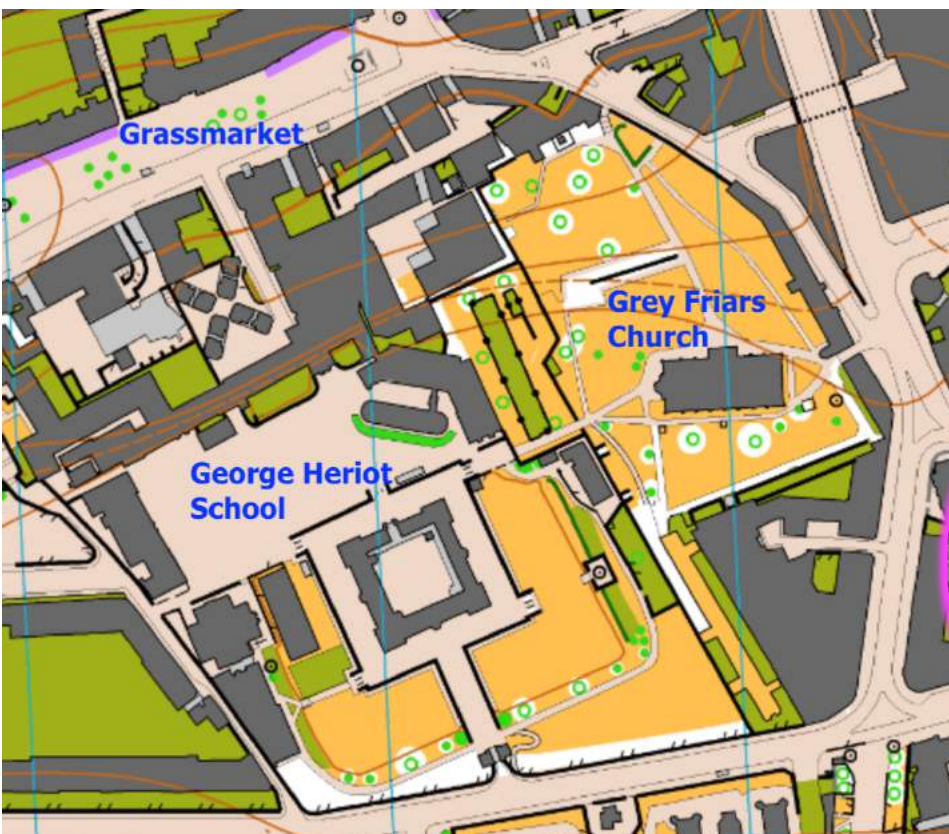
The Women's Vets course took me 89 minutes for 6.9km, running where possible. The actual distance recorded on my Garmin was 10km, with 141m climb, rather on the long side!

Assembly was in the George Heriot's School, founded in 1628 from the legacy of the eponymous goldsmith as a hospital to care for the 'puir fairtherless bairns' of the city. The run-in was through Greyfriars Cemetery, which I revisited in the afternoon on a fascinating walking tour!

The graves in the church yard gave JK Rowling inspiration for many of the names in the Harry Potter books – Tom Riddle and William McGonagall 'Poet and Tragedian' included.

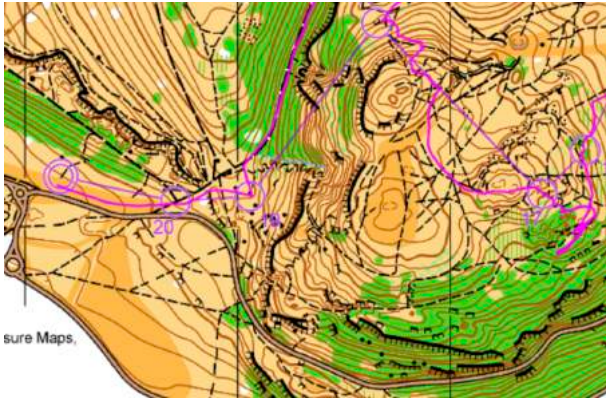


Greyfriars Bobby statue, said to bring you good luck if you touched his nose!



The Sunday event was Holyrood and Meadowfield Parks. If that sounds tame, think courses planned by fit young students on 250m high Arthur's Seat. We'd travelled up on the train and I'd left my spikes at home to save room, but after Saturday I decided that the purchase of a new pair was justified!

The Blue course was 5.8km with 390m climb; actual distance (for me) was 8km with 350m climb. A real adventure in the ice!



Map showing my route on the last few controls of Blue. Arthur's Seat is the centre peak on photo and the northern peak on the map.

JCMB: Maths and Physics

Legend

- F Stairwell connection levels
- Closed office or classroom
- Canopy
- Bushy area
- Hedge
- Fire door passable
- Wall or locked door
- Accessible Outdoor Area
- × Radio Mast
- Bench
- Building, wall

Interlopers

19.1.12 Very icy on Level 7 !!!

North

Level 1

Level 2

Level 3

Level 4

Level 5

Level 6

Level 7

Level 8

1 - 1:50
 2 - 0:30
 3 - 1:24
 4 - 1:56
 5 - 0:37
 6 - 3:14 (Wait up!!)
 7 - 2:11
 8 - 1:47 @ 4.52
 9 - 1:11
 10 - 2:02
 11 - 1:46
 12 - 1:46

Σ 25:06

CONTROL CODES

1. 103	7. 117
2. 113	8. 118
3. 114	9. 115
4. 106	10. 122
5. 116	11. 101
6. 107	12. 111

Navigate to finish

An indoor orienteering map by the University Professor of Computer Simulation ©AckLandSurveys www.interlopers.org.uk

Mike's map for the Indoor Event: no control descriptions, instead a note saying "the final digit of the control code shows the level." Map scale 1:1500

The final puzzle of 2017, Passing Observations, was not too hard. The two training groups took 3.75 seconds to pass each other. The answer is the same regardless of how spread out the two groups are. I had correct solutions from Francesco Lari, John Hawkins and Jen Gale. Alan Le Moigne was somehow a factor of 2 out. Double points for everybody. Jen’s correct solution meant that once again she heads the yearly list, although it was close after she failed to solve the tricky September puzzle (was this the first time I have stumped her?). The final points tally was:

Jen Gale	10
Francesco Lari	9
John Hawkins	9
Simon Gale	5
Alan le Moigne	4
David Pettit	2
Sal Chaffey	2
Andy Mackervoy	2
Donna Hawkins	2
David Vincent	1

2018 Competition

Entries have dropped off a bit this year but I’ll keep the puzzles coming as I suspect (correctly! – Ed.) there are more people who have a go without actually entering. Advice – you get some points for submitting wrong answers. Have a go at this two parter – the second is much harder.

Economy of effort

“It is,” remarked Fred, reclining in the snug bar of the Thirty First Control, “so much easier if you can cut down the number of bearings one needs to take. For example, in the last two night score events I completed the entire courses taking 4 and 6 bearings respectively, passing through every control. The only difference was that in the first case the start and finish were in different places, whilst in the second they were co-located.”

The controls at the two events are shown below. Find feasible routes for Fred’s claim (4 lines through 9 controls, 6 lines through 16 controls – the 6 lines must be in a closed loop).

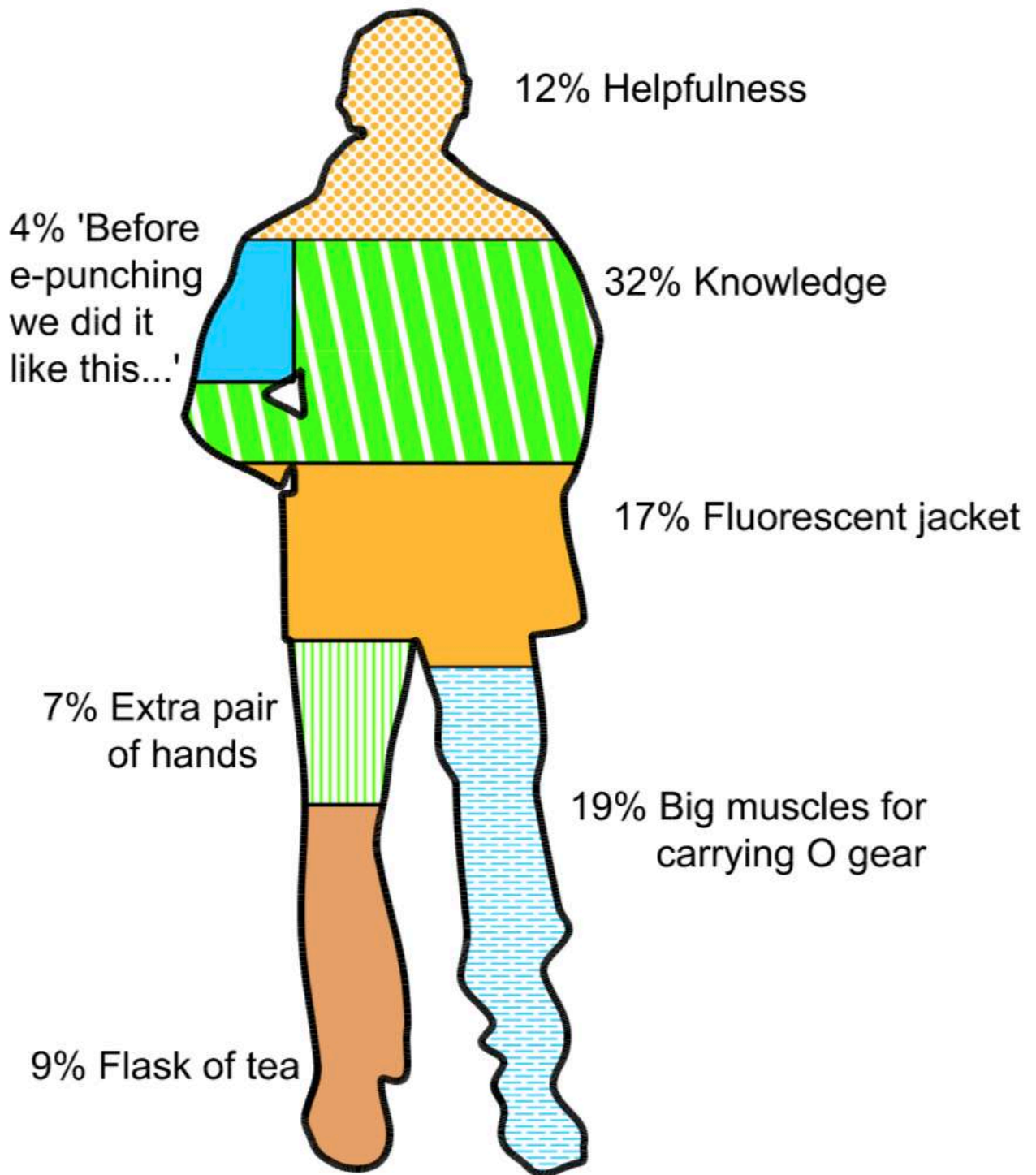


Answers to dnevell3@gmail.com by the editor’s copy date please.

Event Officials Needed for 2018

Please contact Ann-Marie if you would like to plan or organise one of our events this year: jasrd@btinternet.com
Support in the role is available from experienced club mates, and it's a great opportunity to make friends and learn skills!

Date	Event Name	Venue	Series/ Pathway	Teams?	Level	Acc Obt?	Organiser	Planner	Controller
03/03/2018	Oker Hill	Oker Hill, South Darley		Y	D	PA	Viv Macdonald		Not required
04/03/2018	Linacre, East Midlands League	Linacre		Y	C	PA	Jonathan Cundill	Tony Stirland	Ranald Macdonald
24/03/2018	Markeaton Park – Derby Parks Challenge	Markeaton Park		Y	D	P	Sal Chaffey	Chris Millard	Not required
07/04/2018	Darley Park – Derby Parks Challenge	Darley Park			D				Not required
15/04/2018	Hardwick Estate, East Midlands League	Hardwick			C		Val Johnson		
28/04/2018	Elvaston Castle – Derby Parks Challenge	Elvaston Castle			D		Ned Needham	Helen Chiswell	Not required
05/05/2018	Allestree Park – Derby Parks Challenge	Allestree Park			D		Dave Bennett	Ben Crane	Not required
17/06/2018	Stanton Moor, East Midlands League	Stanton Moor		Y	C	P	Sal Chaffey	Dave Chaffey	
14/07/2018	Staunton Harold – South Derbyshire Challenge	Staunton Harold Reservoir			D		Rex Bleakman		Not required
21/07/2018	Foremark – South Derbyshire Challenge	Foremark Reservoir			D		Andy Hawkins	Andy Hawkins	Not required
11/08/2018	Swadlincote Woodlands – S Derbyshire Challenge	Swadlincote Woodlands			D		The Uni- Cycle Team	James Prince	Not required
15/08/2018	Ilam Park – National Trust Series	Ilam			D		Mike Godfree	Mike Godfree	Not required
18/08/2018	Rosliston – S Derbyshire Challenge	Rosliston Forestry Centre			D		Rex Bleakman		Not required
22/08/2018	Longshaw – National Trust Series	Longshaw			D		Mike Godfree	Mike Godfree	Not required
29/08/2018	Hardwick Park – National Trust Series	Hardwick			D		Mike Godfree	Mike Godfree	Not required
08/09/2018	West Park – Long Eaton	Long Eaton			D				Not required



Anatomy of a DVO Helper

You know you've helped at a lot of events when ...

You don't leave home without a space blanket,
 You close your eyes and see OCAD or Excel,
 Normal layers of clothing feel a bit risqué,
 Monday shopping lists are often jotted on the back of Sunday's control descriptions!